

Dana Dinger
Performance 1.

I have learned so much from this class. Before I took this class I was shy, not very organized and did not eat healthy at all. My room was horrible clothes everywhere. After the class about organizing your room and closet, I was so sick of my messiness and not taking care of my clothes that I cleaned my room completely and organized all of my drawers, cleaned out my closet and took out all the clothes that I do not wear anymore, now I have to take them to a conciment shop as DeAnne says "It's a good way to recycle your clothes! I am more healthy and happier now, this is truly the happiest that I have been in a long time and hopefully it will stay with me. This class has made me come out of my shell more. Be more social with people my age and older people as well. I asked my best friend if she has noticed any changes in me since the fist two classes and she said, "Your more happier Dana, you have more confidence and your crawling out of your shell a lot more." This class has taught me that you are what you eat basically, DeAnne knew that we ate junk food because are faces did not have that healthy glow. I know how to apply foundation now and lip liner and I know how to finally walk in high heels. I see myself changing for the better more and more everyday. Performance one taught me to be a better person in life. It also has taught me how to eat right and become more organized with my time. This class has taught me so many life lessons that I will take and use them through out my life and teach my daughter someday when I have a family of my own. Last but not least I want to thank Caryn for creating this class and DeAnne for teaching me these life learned lessons.