

From Caryn's International I feel that I have learned a great deal about modeling. People say that what you wear and how you put on your make up tells what kind of person you are. Ever since I started the modeling class it has changed my<sup>self</sup> and many others. My attitude around other people is better than it use to be. Walking and just keeping myself healthy makes me feel good about who I am. I have been getting many complements about how eat and how I sit up in class. In this class I think I have learned a great deal about modeling, and how to take care of myself.

Krista Chancellor