

My Experiences in Performance 1 have been fun and educational. I know so much more then when I went into the class the first week. I was so nervous because I didn't know what my teacher would be like or any of my classmates but I have learned that they are right where I am and they share the same feelings as I do. We have experienced so much together and grown a lot since day one. This class has also taught me how to boost my self- confidence. Like I said I was so nervous the first day and I didn't think I would be able to open up to anybody in my class. However, as the weeks went on I realized the girls I was with were so intelligent and enjoyable that I grew to be friends with them. I also learned how to walk the runway. This experience wasn't new, I did walk the runway in Chicago for model search of America where 800 other people looking to get discovered walked with me. However, the odds were very slim because they only chose a hundred or so. This was my first time on the runway and I didn't really know much about walking the runway or how to do it so I did my best. But in this class I have learned how to perfect my walk. I have also learned proper nutrition, how to take care of your body and prepare it to stay healthy in the future. You need to eat right, it's that simple. I also learned how to dress properly. I learned so much, I'm so happy I took the class.