

What Caryn Has Done For Me

By: Whitney Conner

Taking these classes, I think, has taught me some of life's most important goals. To learn when to say no, and never to give up. Before I came to Caryn I wasn't sure of myself at all, I had very low self-esteem, and I was almost never positive. I pretty much just didn't care, and I thought I wasn't good at anything. Now I have learned to make myself think and know that I can do something and to try my best. I learned that I am everything I make myself become. If I want to be beautiful I have to think positive thoughts and go for my goal. If I want to be a good person, I have to change the bad into good and make better decisions, but I must know that I can. I thought I couldn't do anything right, and that I never would but after experiencing these classes I have realized, as they say, life isn't over yet, it is just beginning!

I used to dress really casually. I would wear sweatshirts and jeans to school almost everyday. Now I wear things that are nicer and flatter my figure. Some people didn't know exactly how skinny I was because I had always worn sweatshirts. People thought that I was hiding my body when I didn't need to, so I decided to be happy with what I have because I will only have it once. I sit with better posture in class and I try not to say things like "like," "umm," "yup." I try to make myself a role model to everyone including myself. I am definitely more sure of myself and can't wait to get on with my life now when before I didn't really seem to care.

I have a more positive outlook on my face now because I know the correct way to pamper it and apply make-up. I have gotten compliments numerous amounts of time about my make-up and that also boosts my confidence more. When I know that my skin is clear it is one less thing for me to worry about, at least until the next day, but knowing that I look my best without looking fake fills my heart with joy.

I am finally sure of what I want for my next long-term goals. I would like to become a lawyer, because I have realized that one of my best qualities is putting up a good argument and now I want to go for that goal because as much as I love money I love arguing about something I believe is right. I stand by my opinion until someone has helped me to change my mind, which rarely occurs. I want to do something with my life that I will enjoy and I enjoy being right! I want to make the A honor role. Before I didn't care much about grades, I didn't try my hardest because I seemed to do all right. I decided that it isn't acceptable to do all right but only acceptable to do your best and that are all I will settle for. Dance is the main thing besides school, family, and friends. I want to excel in it until I graduate from high school and I will! I want to be remembered by someone, somewhere as "that one dancer." My goal is to try my hardest and become better and better each year. Last but not least my goal is to help out Caryn a little. I think this is a great program and would like to convince other to try it. I think that whether you want to become a model, and actress, or anything, the things that you learn at Caryn doesn't apply to anything, but your life.